



CAMERON INDEPENDENT SCHOOL DISTRICT

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Update to Cameron ISD's COVID-19 Stay-at-Home Protocol Effective 12-14-20

Stay-at-Home Period for Close Contacts of Individuals Who Tested Positive

For individuals who are close contacts to individuals who tested positive, a 14-day stay-at-home period was previously advised by the CDC based on the incubation period of the virus.

As of December 2, 2020, the CDC amended their guidance to allow two shorter options for the stay-at-home period. Based on current CDC guidance, the stay-at-home period can end for individuals experiencing no symptoms:

- On Day 10 after close contact exposure without testing.
- On Day 7 after close contact exposure and after receiving a negative test result.

If individuals return to school from these shorter stay-at-home windows, they should regularly monitor themselves for symptoms to ensure they remain symptom-free and take appropriate precautions (e.g., more consistent mask usage) for the duration of the 14-day incubation period.

Finally, the CDC has also advised that critical infrastructure services—which includes schools—may permit close contact staff members who are asymptomatic to continue to work in select instances when it is necessary to preserve school operations. Per the CDC, this option should be used only in limited circumstances. When using this option, school systems may consider adding additional protocols to increase monitoring for these individuals, which might include the use of COVID-19 tests (e.g., on Day 3 and/or Day 7 after the close contact exposure).

Taking into account all of the above and in consultation with the Texas Education Agency, Cameron ISD will apply the following stay-at-home periods to those individuals who are identified as close contacts.

Specifically, the stay-at-home period will be:

- ***10 days after the last close contact, so long as they continue to monitor themselves daily for symptoms and take appropriate precautions through day 14.***
- ***7 days after the last close contact, after receiving a negative test result (administered at least 5 days after the last close contact), so long as they continue to monitor themselves daily for symptoms and take appropriate precautions through day 14.***

- ***For staff who are necessary to preserve school operations, Cameron ISD can choose not to require any stay-at-home period, so long as the affected staff continue to monitor themselves daily for symptoms and take appropriate precautions through day 14, and CISD may consider the use of rapid tests for these individuals.***

Screening Questions for COVID-19 Before Campus Access

1. Cameron ISD requires teachers and staff to self-screen for COVID-19 symptoms before coming onto campus each day. Symptoms are listed in the Cameron ISD Back to School Plan document. The self-screening should include teachers and staff taking their own temperature. Teachers and staff must report to Cameron ISD if they themselves have COVID-19 symptoms or are test-confirmed with COVID-19, and, if so, they must remain off campus until they meet the criteria for re-entry as noted in the Cameron ISD Back to School Plan. Additionally, they must report to Cameron ISD if they have had close contact with an individual who is test-confirmed with COVID-19, as defined by the district, and, if so, must follow Cameron ISD policy for the stay-at-home period, aligned to guidance in this document.

2. Parents must ensure they do not send a child to school on campus if the child has COVID-19 symptoms (as listed in this document) or is test-confirmed with COVID-19, and instead should opt to receive remote instruction until the below conditions for re-entry are met. Parents may also opt to have their students receive remote instruction if their child has had close contact with an individual who is test-confirmed with COVID-19 until the end of Cameron ISD's stay-at-home period, if no symptoms have been reported. Cameron ISD may consider screening students for COVID-19 as well. Screening is accomplished by asking questions by phone or other electronic methods and/or in person. The screening questions should also be asked of a student's parent if that parent will be dropping off or picking up their child from inside the school. Regularly performing a forehead temperature check of otherwise asymptomatic students in school is not recommended, but the practice is also not prohibited by this guidance.

3. Excluding parental drop-off and pick-up as discussed above, before visitors are allowed onto campuses, Cameron ISD will screen all visitors to determine if the visitors have COVID-19 symptoms or are test-confirmed with COVID-19. When practical, screening questions could be supplemented with temperature checks of adults. If a visitor has symptoms of COVID-19, or is test-confirmed positive with COVID-19, they must remain off campus until they meet the criteria for re-entry as noted below. Additionally, Cameron ISD will screen to determine if visitors have had close contact with an individual who is test-confirmed with COVID-19, and, if so, the visitor must follow school system policy regarding the stay-at-home period, aligned to guidance in this document.